



Colonel By Secondary School

Home of the Cougars

2381 Ogilvie Road Ottawa K1J 7N4

www.colonelby.com

26 September 2022

A Message from the Principal

Dear Students, Parents and Guardians,

Hello CB Families!

School is in full swing and there is a lot of amazing activity happening at Colonel By! All classes are entering their third week of school, clubs are starting, and all of our sports teams have their first games and events this week.

This newsletter contains a summary of the important links sent in the August newsletter, as well as information about up and coming events.

Sincerely,

Trevor Grills, Principal

MEET THE TEACHER - VIRTUAL

As this month draws to a close, on September 29th we are extending an opportunity for parents/guardians to connect with teachers virtually to learn about the courses their child is taking. The intent of our *Meet the Teacher* evening is for teachers to introduce themselves and outline their highlights, expectations, and plan for the upcoming year. Should a parent/guardian wish to discuss their individual child's learning needs, we ask that you email the classroom teacher to have that conversation at another time.

Students' timetables were sent home with them on Friday. Parents/guardians are to follow the timetable for the Day 1 classes (first column) then at 7pm follow the Day 2 classes (second column). As each meet is 10 minutes long with a 5 minute transition time, it is important to review your child's timetable prior to the beginning of the evening. Each child's teachers will be sending out an introductory email that includes a Google Link should you wish to join them. For anyone with general questions for our Guidance Team, there is a general link on the master list. In order to support the process, here is a master list of teacher [Google Meet links](#).

Evening Details:

1A - 6:00 - 6:10pm

1B - 6:15 - 6:25pm

1C - 6:30 - 6:40pm

1D - 6:45 - 6:55pm

2A - 7:00 - 7:10pm

2B - 7:15 - 7:25pm

2C - 7:30 - 7:40pm

2D - 7:45 - 7 :55pm

CLUBS SUMMIT

All students are encouraged to attend our Virtual Clubs Summit to see all that Colonel By has to offer this year. For more information on when each club is presenting and the Google Meet link, please visit the [Club Fair Document](#). *Google Meet links will be added prior to Tuesday evening.*

FOOD DRIVE 2022

Colonel By has a fantastic reputation for being a school that is active in its local community. Fall is the time when CB students and families work together to collect non-perishable food items and monetary donations for the Gloucester Emergency Food Cupboard (GEFC). The GEFC is a local food bank that provides individuals and families with a 4-day supply of food, serving approximately 2000 clients per month.

CB students and families can make donations to the Fall Food Drive by bringing in non-perishable food items to their 2A classes during the week of September 26th. We are also providing CB families with the option to make a donation through School Cash Online if that is more convenient. Between Monday Sept 26 to Sunday Oct 3, the following gift options will be available through School Cash Online:

- \$5 provides 4 days of healthy school snacks for one child (48% of GEFC clients are under 18)
- \$20 provides 1 case of milk (the GEFC will go through about 16 cases per week)
- \$60 provides 4 days of groceries to one person

Please consider donating and helping us continue our meaningful tradition of giving back to our community. We are also collecting donations in the immediate CB neighbourhood after school on Thursday, September 29th. Any students interested in volunteering can join the Google Classroom using the code [xeayig4](#) to access more information and the permission form.

ROWAN'S LAW DAY - SEPTEMBER 28th

The last Wednesday of every September is designated as [Rowan's Law Day](#), which honours Rowan Stringer's memory and raises awareness about concussion safety. Rowan Stringer was a competitive and keen athlete, and was captain of John McCrae Secondary School's rugby team. She passed away tragically in May of 2013 at just 17 years old, as the result of head injuries she sustained while playing rugby. Visit [our website](#) to learn more about recognizing the symptoms of concussion and for additional resources.

NATIONAL DAY FOR TRUTH AND RECONCILIATION AND ORANGE SHIRT DAY

As a school community, we engage in learning activities to raise awareness and understanding of the lasting impact of Canada's residential school system on Indigenous communities across Canada. This is a vital part of our commitment to the Truth and Reconciliation Commission's (TRC) Calls to Action.

Please note, this is not a statutory holiday in Ontario and schools will be open, with learning activities taking place. However, some Indigenous families may decide to keep their children home on that day to engage in activities with family and community.

Indigenous self identification is a confidential process and should not be a requirement for students to be away from school on this important day. As this is a day of mourning for Indigenous communities, there is no expectation that students who are away from school on this day participate in any school-related activities.

This meaningful day signals a year-long, ongoing commitment to learning that centres the truth of the harmful effects of colonialism, including the residential schools system that caused the loss of Indigenous lives, languages and traditions for generations.

How our school is participating in the National Day for Truth and Reconciliation

Below are some of the ways this day will be recognized at our school include:

- Opening and closing exercises featuring a virtual opening address by Algonquin Knowledge Keeper Monique Manatch and a land acknowledgment by OCDSB Director of Education Camille Williams-Taylor
- Age appropriate learning activities to deepen understanding of truth and reconciliation

We encourage you to review the [Truth and Reconciliation Commission's Calls to Action](#) and [Spirit Bear's Guide to the Truth and Reconciliation Commission of Canada Calls to Action](#).

Visit the [OCDSB National Truth and Reconciliation Day webpage](#) to learn more about:

- How the OCDSB is marking this day
- Actions parents and students can take
- Community and mental health resources for Indigenous students and families

OCDSB-JAPAN 2 WEEK EXCHANGE

Since 2016, students from the OCDSB and Yamate Gakuin High School in Yokohama, Japan have participated in bi-annual cultural exchanges.

Japanese students will be coming to Ottawa from April 14 - 28, 2023 to stay with host families (2 students / family who may share a room), attend school a few times, and participate in various tours and activities in and around the Ottawa area.

OCDSB students from OCDSB schools (Cairine Wilson, Canterbury, Colonel By, and Gloucester) then travel to Yokohama from July 20 - August 4, 2023 to stay with host families and participate in various tours and activities in and around the Tokyo area.

For more information about the Exchange and to apply [please click here](#).

Applications due: October 10

PREVIOUS LINKS

As a reminder, please fill out the following links that apply to you:

[OCDSB 285 Self-Administration of Oral Medication Authorization](#) - For students to administer medication to themselves at school

[OCDSB 286 Administration of Oral Medication Authorization](#) - To consent to the administration of medication to your child by the OCDSB

[OCDSB Appropriate Use of Information Technology](#) - To acknowledge your rights, responsibilities and standards of conduct with the use technology in the district

[Media/School Website Permission Form](#) - To give consent your consent to be in the media for school-related events

[Course Change Request Form](#) - To request a timetable change, the last day for changes is September 30

[Locker Request Form](#) - For students who would like to request a locker

[Request to borrow a Chromebook](#) - For any students who need access to a Chromebook at home

[SchoolCash Online](#) - To pay for Voluntary Student Fees and purchase a Yearbook

[The Den - Online Store](#) - To Purchase Colonel By clothing and other merchandise

SCHOOL COUNCIL

The Colonel By School Council is made up of students, parents, guardians, and community representatives. The School Council serves as an important advisory body to the Principal, sharing ideas on school improvement, raising funds for identified needs, and celebrating student success. Generally, the Council meets eight times per year and these meetings will take place virtually until further notice. Please monitor the [Colonel By School Council website](#) for information about past and upcoming meetings as well as details on the 2022 AGM.

General Donations: The Colonel By School Council requests a voluntary yearly fee of \$5.00 per student. As the Colonel By School Council does not engage in fundraising activities during the year, this \$5.00 voluntary fee is the only contribution that we ask from parents.

Scholarships: The School Council also invites our family to consider donating to the Colonel By S.S. Community Bursary. The Community Bursary helps to support students with a solid academic standing (70% or better) who may face financial barriers to continue their studies at the post-secondary level. Our goal is to award a bursary to at least two Colonel By graduates each year. Any support would be greatly appreciated.

To donate to the School Council please visit our [Donation Page](#).

STUDENT ACCIDENT INSURANCE

Creating a caring and safe environment for our students is our top priority. Unfortunately, despite all reasonable precautions being taken, accidents can still happen. Some injuries may result in medical, dental or other expenses that are not covered by provincial health care or employer group plans. As a parent/guardian, you become responsible for these expenses.

The OCDSB does not provide student accident insurance coverage for student injuries. Student accident insurance is available for purchase, on a voluntary basis. Parents may apply online at Insure My Kids or call 1-800-463-5437.

The OCDSB encourages all parents/guardians to consider purchasing accident insurance or student accident insurance for incidents that may not be covered by the Ontario Health Insurance Plan (OHIP) or any additional medical plans they have. The accident insurance coverage options range from \$17.00/year to \$33.00/year. This coverage is for the entire calendar year and also applies to accidents that occur outside of school hours. If you have any questions, please call Binks Insurance Brokers directly at 613-226-1350.

UPCOMING DATES

26-30 September	Fall Food Drive
27-28 September	Club Summit
29 September	Meet the Teacher Night - Virtual
30 September	National Day for Truth and Reconciliation and Orange Shirt Day
30 September	Last day for timetable changes
3-6 October	Grade Rep Elections
7 October	PA Day (no classes)
10 October	Thanksgiving (no classes)
11 October	School Council AGM (virtual)
18 October	Photo Retake Day
18 October	Post-Secondary Parent Info Session, 7-8:30pm

WHERE TO FIND MORE INFO

[Colonel By Secondary School website](#)



STILL HAVE QUESTIONS?

Please visit [our website](#) to access up-to-date information, newsletters, and contact information for all members of the CB Faculty.